



bravos

Queen for a Day: Recapturing Your Happiness One Birthday at a Time

“Linda Sacha, what have you wrought? Your book gave my wife permission to dote on herself. Justification that she is special. I hadn’t thought, when I picked up the book, that it would have such an emotional consequence for my wife and me. You freed her, and I suspect all women who read *Queen for a Day*, from feeling guilty about self-indulgence. This book is for all husbands and significant others to know, finally, what to do . . . really . . . for her on her birthday.”

—Arnie Warren, international best-selling author of **The Great Connection, Find Your Passion, and Devon**

“There is so much wisdom and fun in these pages. Treat yourself and find a lovely spot where you can be comfortable and quiet as you get reacquainted with your inner queen. I can’t wait to give this treasure to my friends, daughters, and granddaughters.”

—Dr. Edith M. Donohue, co-author of **Life After Layoff**

“An awesome birthday bash!” Those are my wife Kathy’s words. There’s no greater gift than to share a birthday with a partner who’s happy, knows what she wants, and lets you know! *Queen for a Day* set it all free!”

—Tom Welch, America’s Career Coach and author of **Work Happy, Live Healthy**

“*Queen for a Day* by Linda Sacha is much more than a book about birthdays. It is an invitation and inspiration to all women to create the life of their dreams.”

—Sandy Robson, co-author of **Girls’ Night Out**

“After reading *Queen for a Day* I’m ready to start celebrating me again!”

—J. Ball, Health Care Consultant, NY

“As an adult I always felt a void on my birthday that I couldn’t identify. Thank you for helping me bring a lost part of me home.”

—L. Rowley, Intuitive Healer, FL



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“*Queen for a Day* came into my life at a time when I'd just made a promise to start being kinder to myself. It's helping me keep that promise, not only on my birthday but *every* day.”

—A. M. Trusky, Playwright and Editor, CT

“I found this book to be refreshingly easy to read yet no less thought provoking than other more lengthy self-improvement books. The inspirational content, though referring to birthdays, applies to life in general and is that much richer.”

—D. Dunham, Physical Therapist, MA

“My wife recently received a copy of *Queen for a Day* as a gift from her sister. To better “defend” myself, (as I do with those quizzes in “COSMO”) I reasoned I should take a look at what she was reading. Needless to say, I loved it! What super ideas come forth to celebrate your own earth arrival. I couldn't wait for the “guys” edition so I photocopied some of the pages to use at my upcoming sixtieth birthday . . . Please ask Ms. Sacha to send me her earliest draft for this King.”

— R. Rowley, Broker, FL

“This book caught me by surprise. I thought it would be “cute.” It wasn't. It's more like a sacred event. Somehow Sacha breathes new perspective into the magical act of self-love. I already love and honor my birthday, but it feels like my birthday goddess has been kicked in her regal butt and raised to a new level! I really get it now: Obey the Queen and all shall be well. Thank you!”

— M. Lord, Court mediator, CO

“I applaud your beautiful heart for giving this grand opportunity to all of us—young and old—to wrap ourselves in our own glory and celebrate our deserving hearts without guilt. Brava! Job well done! LOVE IT!”

—Sandi Z. Griffin, author of **Prisoners of Fate** and **If Only**